

# BREAKFAST & LUNCH MENU OPEN EVERY DAY 7AM-2PM

# BREAKFAST-7am-11:30am

V = Vegetarian VG = Vegan GF = Gluten Free

Eggs Your Way V + GF opt	\$19
Two free range eage your style on	

Two free-range eggs your style on sourdough. Build it your way with add-ons!

**Avo Smash** V + VG & GF opt **\$24** 

Smashed avo on light rye with heirloom tomatoes, shaved radish, Danish feta, lemon gel & hemp dukkah.

Good Morning Roll V&GF opt \$20

Fluffy milk bun filled with smashed avo, rocket, bacon, hash brown, hi-melt cheese, caramelised onion & our verde mayo.

Happy Benny V & GF opt \$26

Two poached eggs, spinach, your filling choice and finished with seasoned hollandaise on sourdough. Bacon / Ham / Mushroom Smoked Salmon +\$4 / Pulled Pork +\$4

**Green Shakshuka** V + VG & GF opt **\$28** 

Baked eggs in a chunky green sauce of spinach, broccoli, capsicum & kale. Finished with herbs, chilli & feta.

Banana French Toast V + VG & GF opt \$24

Banana bread french toast, served with coconut sorbet, pineapple-chilli jam, seasonal fruit & toasted coconut.

Organic Tropical Bowl V + VG & GF opt \$20

Choose: Açaí / Coconut yoghurt / Yoghurt House Granola, seasonal fruit & coconut flakes.

# Weekender Brunch Board for Two

(Sat-Sun only)

V & VG & GF opt

\$72

Two coffees or teas + juices of your choice, Green Shakshuka to share, mini avo toasts, seasonal fruit & sweet pastry surprises.

# **LUNCH** - 11:30am - 1:30pm

Wellness Bowl V + VG & GF opt

Tri-colour quinoa with falafels, marinated zucchini, edamame, avo, microgreens & pickled red onion, drizzled with verde mayo & hemp za'atar.

### Mama's Gnocchi V & VG & GF opt \$26

Choice of:

- Pesto & Cherry Tomatoes
- Wild Mushroom & Truffle Oil
- Pork Ragu

**Los Tacos** GF + V & VG opt

Two purple-corn tortillas with chicken,

pulled pork or mushrooms, salsa fresca, avo & verde mayo.

HJ Burger V & VG & GF opt \$24

Milk bun stacked with pineapple-chilli jam, mesclun, tomato, cheese & your choice of patty + verde mayo. Beef / Kangaroo +\$4 / Quinoa-Beet +\$2

Salad of the Week \$22

Fresh, seasonal, always changing. Ask our staff!

Something to Share Sml \$6.5

Potato Wedges / Sweet Potato Fries Cassava Chips Lg \$12

\$28

# SANDWICH BAR-All Day

Accompanied by a side salad

Latino BBQ GF opt \$26

Picanha steak, rocket, tomato-onion salsa, crispy garlic & pineapple-chilli jam.

**Texas Pork Sanga** GF opt \$22 Pulled pork, slaw & pickle-mustard relish.

Our Kinda Reuben GF opt \$24

Kimchi sauerkraut, pastrami, pickles, cheese & mayo.

The Bird Club GF opt \$22

Chicken breast, salami, cheese, mesclun salad & verde mayo.

Falafel Me V + VG & GF opt \$22

Falafel, marinated zucchini, cheese, spinach, red pesto & verde mayo.

Tuna Turner Melt GF opt \$22

Creamy tuna mix with herbs & spices, topped with loads of melted cheese.

Ciao Mortadella GF opt \$22

Loads of mortadella, cheese & red pesto.

# **ADDITIONAL SIDES**

2 Eggs | Halloumi | Chicken | Falafels . . . . . . . . \$6

Pulled pork | Smoked salmon | Microgreens . . \$7.5

ALLERGIES?
PLEASE LET US KNOW!

# RINKS MENU JERY DAY 7AM-2PM

### HOT DRINKS

### From the machine

Espresso / double ristretto / Short \$4.5 Macchiato

Long Black / Piccolo / Long Macchiato Cappuccino / Latte / Flat White / Hot Chocolate / Chai Latte / Magic **Cup \$5** Mug \$6.5

Cup \$5.5 Mocha / Dirty Chai / Turmeric / Matcha **Mug \$7** 

Almond / soy / oat / coconut | \$0.8 Vanilla / caramel / hazelnut | \$0.8 Single Origin / Extra Shot / Decaf | \$1

# Specialty manual brews

Cup | \$4.5 Mug \$6 **Batch brew** V60 or Oragami pour-over \$8 \$7.5 Aeropresș Chemex (serves 2) \$14

### Teas

English breakfast / earl grey / green \$5.5 peppermint / chamomile / lemon grass & ginger

\$6.5 Sticky chai tea by prana

#### ICED DRINKS Reg \$7 | Large \$8

Cold brew / Iced latte / Iced long black Iced chai / Iced mocha

Frappe / Iced Coffee (w cream & ice cream) +\$2

Classic Milkshakes Chocolate / strawberry / caramel / vanilla +\$2

# MATCHA BAR

(Cerimonial Grade by Morning Made +\$2)

Matcha Latte Reg \$5 | Mug \$6.5 Iced Matcha Reg \$7.5 | Large \$9

#### Signature Range Reg \$10 | Large \$12

Strawberry & Vanilla

Pink Dragon Fruit & White Chocolate Mango & Coconut Cloud

### HJ SIGNATURE DRINKS

### Yerba mate iced tea

A unique iced tea made with Brazilian roasted black tea leaves slightly sweetened with a lemon zest

# Happy minty lemonade

House squeezed lemonade with a pinch of cane sugar and fresh mint

#### **Ginger Cold Brew** \$8

Our house-made cold brew coffee + ginger beer topped with a frozen orange wedge

### **MORNING SMOOTHIES | \$13**

Nourishing, breakfast-style

(Add ons: Protein Powder +\$2 / Hemp Seeds +\$3)

#### Oat of Control

Banana, oats, dates, super seeds & milk

**Chunky Monkey Business** 

Bananá, choc sáuce, crunchy peanut butter & ice cream

Oi Oi Oi Oreo Oreo Oreo

Milk, chocolate, vanilla ice cream, whipped cream and oreo crumbs

**Lotus Biscoff shake** 

Lotus spread blended with milk, vanilla ice cream and topped with whipped cream and lotus biscuit

#### JANE'S FRUIT FIX | \$11

100% real fruit. Fruity, fresh & juicy

**Pink Dreams** 

Dragon fruit, watermelon, strawberry, lime & apple

**Tropicaliente** 

Mango, banana, strawberry, passionfruit & orange

**Amsterdam** 

Orange, carrot & ginger

**Amazon Jasper** 

Acai super berry, strawberry, banana & coconut water

Green Oueen

\$8

Avocado, banana, mango, spinach, apple & hemp seeds

Glass of Orange or Apple Juice

### FEELING CHEEKY? **WE ARE FULLY LICENSED!**

FROM 10AM ASK OUR STAFF FOR OUR 18+ OPTIONS :)

